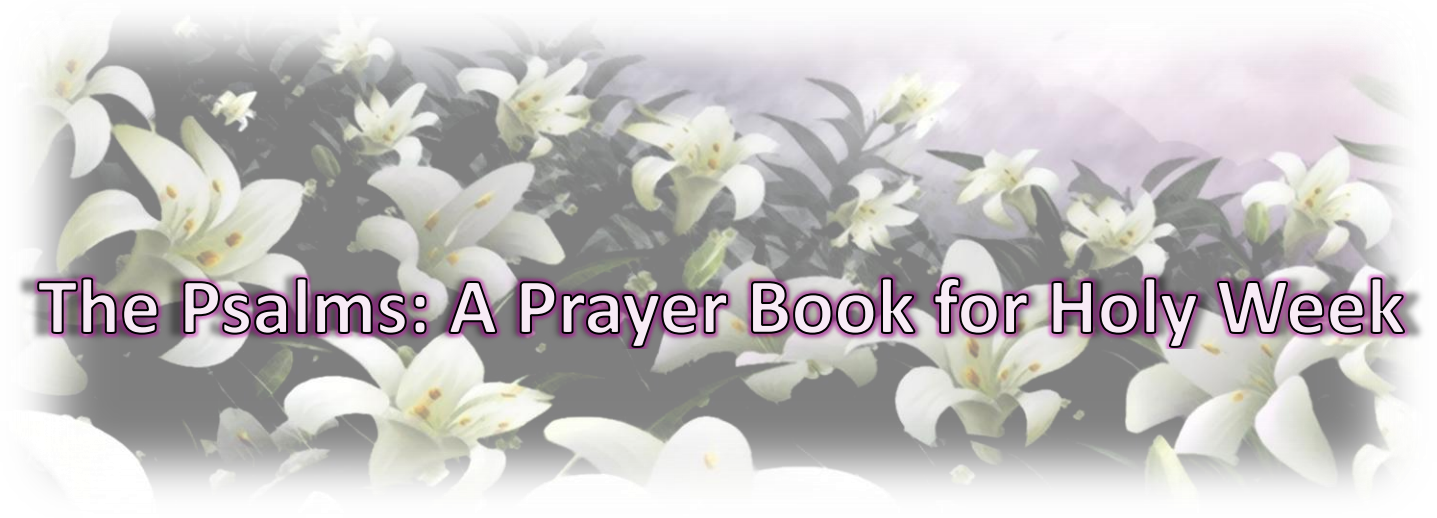

Kathie Budesky, IHM, MA
Saturday, March 28, 10:00am-4:00pm
Suggested Offering: $50, including lunch

Lenten Day of Reflection

The words of the Psalms, the ancient prayers of the Jewish people, were frequently on the lips of Jesus as he turned to prayer at critical junctures in his life. Thus, it is fitting for us to look to the Psalms for our prayer as we enter into the holiest season of the year and remember the events of Palm Sunday, Maundy Thursday, Good Friday, and Easter Sunday. In addition to input, there will be time for personal prayer and reflection, sharing, and a lunch from Panera Bakery. The program will end in time for participation in the Palm Sunday liturgy.
Registration deadline: Monday, March 23, 12:00noon.

Kathie Budesky, IHM, MA, *the director of Visitation Spirituality Center, has many years of experience in secondary education, both in the religious studies classroom and in the principal's office. A graduate of the Institute in Creation-Centered Spirituality at Mundelein College, she was a staff associate in the Ignatian Program in Spiritual Direction and Retreat Ministry at Guelph, Ontario.*

Visitation Spirituality Center 7227 Lahser Road Bloomfield Hills, MI 48301 visitationnorth@ihmsisters.org visitationnorth.org (248) 433-0950

Visitation Spirituality Center

The Psalms: A Prayer Book for Holy Week **Saturday, March 28, 2026**

Name_____Phone_____

Address_____E-mail_____

City, State, Zip Code_____Amount Enclosed_____

We are a place of welcome
for all who seek quiet space,
spiritual companionship
or opportunity or spiritual growth.

IHM sisters
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