



## Meeting God: The Path of Entering Quiet in the Midst of Everyday Life

Julie Vieira, IHM, MA  
Saturday, March 8, 9:30am-12:30pm  
Suggested Offering: \$25

We long for quiet and spaciousness with God, yet there is so much that fills our hearts and daily lives with questions, challenges, and responsibilities. Stillness seems impossible in the chaos of the moment. God is in all of this, and we have within us the capacity to dwell in quiet and spaciousness. This program provides the space to deepen our relationship with God and our capacity to incarnate the spirit of quiet and spaciousness in the reality of our everyday lives. You are invited into this time of prayer, reflection and exploration with God which includes the wisdom of the saints and mystics, who like us, have made this journey, too. Along the way, you will find ideas and practices that can guide you along your own journey.



*Julie Vieira, IHM, MA, (she/her) is a writer, presenter, and thinker in spirituality with particular attentiveness to living the darkness and light — the poetry and rough prose — of everyday life. She holds a Master of Arts in Theology from St. Michael's College at the University of Toronto and is a member of the IHM Sisters of Monroe, Michigan. She serves as the director of the Margaret Brennan Institute and as a volunteer crisis counselor for LGBTQ+ youth. She also works as a consultant in the unfolding of religious life and of mission. Visit [julievieira.org](http://julievieira.org).*

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### Visitation Spirituality Center

Meeting God

Saturday, March 8, 2025

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ E-mail \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_ Amount Enclosed \_\_\_\_\_



*We are a place of welcome  
for all who seek quiet space,  
spiritual companionship  
or opportunity or spiritual growth.*