Are You a Martha or a Mary?

Living a Balanced Life

Janet Schaeffler, OP Saturday, May 3, 9:30am-12:30pm Suggested Offering: \$25



The Scripture story of Jesus coming to the home of Mary and Martha (and Lazarus) is well-known to us.

What is the message for us, women living in 2025? Through this Scripture passage, what is God saying to us about our lives? Is it what we often hear—or—might there be additional messages?

Do I feel too busy, too rushed?

How—really--do I balance everything today?

What really are the answers to which Jesus challenges us--and comforts us?



Janet Schaeffler, OP, is a facilitator of days of reflection, retreats, and workshops. An author and college educator, she teaches online classes for the University of Dayton and Boston College. The former director of adult faith formation for the Archdiocese of Detroit, she continues this ministry in a wide variety of pastoral settings.

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Visitation Spirituality Center

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Saturday, May 3, 2025

Name	Phone	
Address	E-mail	
City, State, Zin Code	Amount Enclosed	



We are a place of welcome for all who seek quiet space, spiritual companionship or opportunity or spiritual growth.