

Howard Thurman: Theologian, Contemplative Mystic, Professor, Author, Philosopher, Saint of the Civil Rights Movement, as well as Spiritual Companion and mentor to Martin Luther King, Jr, Jesse Jackson, John Lewis, Marian Wright Edleman, Rufus Jones, and a host of many other activists who, at many times, felt that in their work for justice that their backs were up against a wall.

February is Black History Month, and it's more appropriate than ever to celebrate and learn about civil rights activists like Howard Thurman who had been nicknamed "the quiet saint," by Congressman John Lewis. Thurman was the spiritual companion who black activists went to for prayer and encouragement. From Thurman's book, *Jesus and the Disinherited*, Martin Luther King, Jr. was able to find comfort and strength during the marches, demonstrations, death threats, and especially during his time in the Birmingham jail. In this program, we will explore Thurman writings which were steeped in his message of faith, hope and love in times of struggle.

Joni Scott, holds a bachelor's degree in religious studies from Marygrove College, and is a wife, mother, grandmother, storyteller, retreat director and a trained spiritual director. She currently serves as a director of Religious Education at St. Charles Borromeo in Detroit.



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## Visitation Spirituality Center

A Morning with Howard Thurman

Saturday, February 22, 2025

Name	Phone		
Address	E-mail		
City. State. Zip Code		Amount Enclosed	



We are a place of welcome for all who seek quiet space, spiritual companionship or opportunity or spiritual growth.