

# Visitation Spirituality Center

Programs

Fall 2023

## Musing over Mugs

September 7, October 5, November 2, December 7, January 4, 10:00am-12:00noon

*Over a cup of coffee or tea, women explore the graces and challenges of their lives as seen through the eyes of faith. Marie Miller, IHM, is our facilitator. (Free Will Offering)*

**VISITATION CENTER** is available for **A DAY AWAY!** If you are looking for a contemplative space for prayer, study, or personal reflection consider spending a day, or part of a day with us. Just contact us in advance to make your reservation with a call to (248)433-0950 or an e-mail to [visitationnorth@ihmsisters.com](mailto:visitationnorth@ihmsisters.com). (Free Will Offering.)

## Pierre Teilhard de Chardin: Visionary Scientist and Mystic

Mary Ellen Sheehan, IHM, STD

Saturday, September 21, 9:30am-12:30pm

Pierre Teilhard de Chardin, a Jesuit paleontologist, was born in Auvergne, France in 1881 and died in New York in 1955. In his ministry, he combined scientific rigor with a theological acumen that led him to write profoundly about, at one and the same time, a deeply mystical and deeply earthly spirituality. In this workshop, we will explore some of the central themes in his religious writings and ask how they might lead us today into an appropriation of a more deeply integrated Incarnational Spirituality. (Suggested Offering: \$25)

## Living the Sacrifice of Christ: Eucharistic Spirituality through the Ages

Theresa Koernke, IHM, PhD

Saturday, September 28, 9:30am-12:30pm

The Eucharist is the "source and summit" of Christian life and spirituality. Like a precious jewel, one cannot appreciate it by looking at it from only one angle or in only one light. One needs to examine it this way, now that, now in this light and then in another to comprehend its true beauty. In this program, participants will reflect on the development of the Eucharist and its influence on Catholic spirituality through the centuries in order to come to a fuller understanding and appreciation of *the* Sacrament of the Church. (Suggested Offering: \$25)

## God Alone Suffices: Giving Ourselves to God

Julie Vieira, IHM, MA

Saturday, October 12, 9:30am-12:30pm

Teresa of Ávila famously wrote, "Whoever has God lacks nothing. God alone suffices." In this program, we will look the meaning of giving ourselves fully and unreservedly to God by exploring what Teresa meant in these words from what is known as Saint Teresa's Bookmark Prayer ("Let nothing disturb you"/ "*Nada te turbe*"). We'll also explore her other writings and life experience which provide further context and insight into these words.

In walking with Teresa, our hope is to better appreciate our own desire to give ourselves fully and unreservedly to God in the concrete reality of our own lives. Our time together will include prayer, input, discussion, and quiet reflection. (Suggested Offering: \$25)

## Walking on the Two Feet of Love

Susan Rakoczy, IHM, PhD

Saturday, October 19, 9:30am-12:30pm

This morning of reflection will explore the insights of Catherine of Siena (1347-1380), Teresa of Avila (1515-1582) and Dorothy Day (1897-1980) to the intertwined relationship of faith and commitment to social justice. (Suggested Offering: \$25)

## Finding God in All Things: Exploring Ignatian Spirituality

Kathie Budesky, IHM, MA

Saturday, November 9, 9:30am-12:30pm

"Ignatian spirituality is one of the most influential and pervasive spiritual outlooks of our age. There's a story behind it. And it has many attributes."

Join us for a morning of exploration. We will begin with the story behind this distinctive Christian spirituality with an emphasis on developing an understanding of Ignatius of Loyola's *Spiritual Exercises* and how they can impact one's world view and one's everyday life. There will be time to put into practice elements of Ignatian spirituality, a way of living that insists that God is present in our world and active in our lives. Plan on a morning of input, time for prayer and reflection, and lively discussion. (Suggested Offering: \$25)

**Karl Rahner, SJ: The Mystical Way in Everyday life**

**Annemarie S. Kidder, PhD, IHM Associate**

**Saturday, November 16, 9:30am-12:30pm**

The Jesuit priest and theologian Karl Rahner (1904-84) is famous for saying that the Christian of tomorrow will be a mystic or else will be no more. As church attendance in the West continues to decline sharply and parishes are closing, one wonders who will remain as an active and vital member of the church. And what type of faith will these Christian believers practice? Rahner says that it will be the mystics, those who have learned to see God in all things and allow God in Christ to permeate everyday life. This program will provide a brief overview of Rahner's work and his influence on the Second Vatican Council (1963-65). It will highlight the way in which Rahner's theology and mysticism was shaped by the Jesuit order's founder, Ignatius of Loyola (1491-1556). And it will outline the concrete steps that Rahner suggests to us so as to become mystics in turn. (Suggested Offering: \$25)

**Sacred Waiting in Hope: Wisdom from Two Biblical Women**

**Janet Schaeffler, OP, MA**

**Saturday, December 14, 9:30am-12:30pm**

Our lives are filled with various occasions of waiting (large and small); Advent calls us to reflect on this mystery of expectation. Mary and Elizabeth - faith-filled disciples, bold prophets, and experienced in waiting - are witnesses and guides for us amid today's questions, uncertainties, and challenges.

During this morning of exploration, listening, prayer, reflection, and conversation, we will explore life-giving actions that will renew our everyday lives of waiting in wonder, thriving through struggles, and dwelling in compassion. (Suggested Offering: \$25)

**Stop, Look, and Listen: A New Year's Eve Retreat**

**Francis Daly, SJ, MDiv & Kathie Budesky, IHM, MA**

**Tuesday, December 31, 10:00am-4:00pm**

New Year's Eve is the perfect time to STOP, to reflect, and to LOOK back in gratitude on the old year that is setting and to LISTEN to the invitation of the Spirit for the New Year that is dawning. Join us for a day that includes input, time for personal prayer and reflection, conversation, an opportunity for the Sacrament of Reconciliation, and a lunch catered by Panera Bread. The day will end with the celebration of the liturgy for the feast of the Solemnity of Mary, the Mother of God. **Registration Deadline is Friday, December 20, 2024.** (Suggested Offering \$50)

Visitation Spirituality Center 7227 Lahser Road Bloomfield Hills, MI 48301 [visitationnorth@ihmsisters.org](mailto:visitationnorth@ihmsisters.org) [visitationnorth.org](http://visitationnorth.org) (248) 433-0950

**Registration Form**

*Visitation Spirituality Center*

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| <input type="checkbox"/> Chardin: Visionary Scientist and Mystic (September 21) | <input type="checkbox"/> Living the Sacrifice of Christ (September 28)   |
| <input type="checkbox"/> God Alone Suffices (October 12)                        | <input type="checkbox"/> Walking on the Two Feet of Love (October 19)    |
| <input type="checkbox"/> Finding God in All Things (November 9)                 | <input type="checkbox"/> Karl Rahner, SJ: The Mystical Way (November 16) |
| <input type="checkbox"/> Sacred Waiting in Hope (December 14)                   | <input type="checkbox"/> New Year's Eve Retreat (December 31)            |

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_ Email \_\_\_\_\_

City, State, ZIP Code \_\_\_\_\_ Amount Enclosed \_\_\_\_\_

**Be a Visitation "Frequent Flyer":** For those who register for three or more programs, there is a \$5 reduction for the cost of each program.

**Send your registration and check to:** Visitation Spirituality Center, 7227 Lahser Road, Bloomfield Hills, MI 48301; email [VisitationNorth@ihmsisters.org](mailto:VisitationNorth@ihmsisters.org), or call (248)433-0950.

